

## *Appendix E*

### CONTACTING EDA

Detailed information about Eating Disorders Anonymous (EDA) is available at:

***www.4EDA.org***

also, *www.eatingdisordersanonymous.org*

- Lists of face-to-face, online, phone, and Skype meetings of EDA
- Literature and free brochures
- Answers to frequently asked questions
- The EDA concept of balance
- Procedures for getting a meeting started
- Information about the General Service Board of EDA, including conference call details and meeting times

For specific questions or concerns, please write to EDA at *info@eatingdisordersanonymous.org*. Note that email is answered by volunteers: response times may vary.

### **Book Orders**

This text, *Eating Disorders Anonymous*, may be ordered from most bookstores and online booksellers.