

General Service Board of Eating Disorders Anonymous Meeting

Sunday, May 2, 2021, 4:00 p.m. EST

Meeting ID: 6394799909; Participant Number: 6394799909; Password: 123456

Recording available

Attendees

Total number of attendees: 27

Officers on call:

1. Chair
2. Secretary

Call to Order

- Chair called meeting to order
- Opened with moment of silence followed by the serenity prayer
- Member read steps 4 and 5 of EDA
- Member read traditions 4 and 5
- Member read concepts 4 and 5
- Introductions of new attendees

Officer Reports

Secretary's Report

Secretary sent out January minutes, and chair sent them out again with the GSB meeting reminder. The minutes are in the shared Google drive. **ACCEPTED MINUTES AS WRITTEN**

Literature Report

Here is a summary of the last three months' work and a draft list of objectives for our 2021-2022 year ahead.

Posted as passed after our January meeting:

- Published revisions to Helpful Hints for the Holidays brochure.
- Published the new *To Family and Friends* brochure.
- Posted a draft of EDA's Traditions (half of the upcoming *EDA Twelve Steps and Twelve Traditions*) on the website and left up for review. (Obtained reviews from eight distinct individuals, two of whom provided feedback on the entirety of the work. Bravo!)
- Published the revised suggested meeting format, with the understanding that more updates will be made in the next few months.
- Posted audio recordings of a total of 41 distinct chapters and stories from the EDA Big Book and coordinated reviews of these (several are still in progress). More to come on this!
- Considered German and Chinese translations of the EDA Big Book. We will need to approach the Turner Publishing about translations into foreign languages as this is a right

reserved to them, provided approval is granted by the General Service Board. **The stipulations for agreeing to a specific translation are the subject of a motion before the General Service Board at this meeting.**

- Compared the *Friends and Family* brochure with a letter submitted by one of our fellowship to see if any enhancement or additional emphasis is warranted.
- Considered a request to create a new brochure: ***Special Composition Meetings and EDA*. This will be subject of a statement to the Board at this meeting.**

Literature Team Agenda for 2021-2022:

- Still receiving feedback from members regarding the updated suggested meeting format through May 17th, 2021. After that, we will incorporate new suggestions and will publish the new version. We will continue to be open to suggestions and future changes.
- Update the EDA Meeting Guide to address areas not previously covered:
 - Online (Zoom) meetings and their specific challenges (Zoom bombers)
 - Sponsorship and "fellow travelers"
 - Anonymity in social media
 - Friends and family support
- Contact Turner Publishing about possible German and Chinese translations
- Create a *Special Composition Meetings* brochure (depending on feedback from the GSB at this meeting)
- Update the Traditions document using feedback from members starting May 17th (expecting this could take significant effort)

Member requested an update on the EDA meditations publication. We have over 100 submissions. We want to review them before putting them together. If you know someone who wants to edit these into a standard format, please ask them to email literature@eatingdisordersanonymous.org.

Treasurer's Report

Chair presented treasurer's report because we do not currently have a treasurer.

2020 annual report: Income went up about \$7,500 over the past year. We had a net operating income of \$13,415.27 in 2020 compared to \$5,880.78 in 2019. Seventh-step contributions are up as are royalties for the EDA big book. We are accumulating funds to get the 12 Steps and 12 Traditions book and/or the meditation book published. We can also provide some funds to help seed step workshops (for upfront costs – workshops will still be self-supporting). Feel free to request funds if interested in organizing an event. **ACCEPTED**

Q1 (first quarter) for 2021: Income is still going up. We had a net income of \$5,145.10 in Q1 2021 compared to \$2,002.28 in Q1 of 2020. **ACCEPTED**

**General Service Board of Eating Disorders Anonymous, Inc
Balance Sheet Comparison**

As of March 31, 2021

	Total	
	As of Mar 31, 2021	As of Dec 31, 2020
ASSETS		
Current Assets		
Bank Accounts		
GSB Of EDA Checking (3225)	23,579.89	23,162.24
PayPal Bank	9,272.53	4,545.08
Total Bank Accounts	\$ 32,852.42	\$ 27,707.32
TOTAL ASSETS	\$ 32,852.42	\$ 27,707.32
LIABILITIES AND EQUITY		
Total Liabilities		
Equity		
Retained Earnings	27,707.32	14,292.05
Net Income	5,145.10	13,415.27
Total Equity	\$ 32,852.42	\$ 27,707.32
TOTAL LIABILITIES AND EQUITY	\$ 32,852.42	\$ 27,707.32

**General Service Board of Eating Disorders Anonymous, Inc
Profit and Loss**

January - March, 2021

	Total		% Total income	% Total income	
	Jan - Mar, 2021	Jan - Mar, 2020		Jan - Mar, 2021	Jan - Mar, 2020
Income					
7th Tradition Contribution	5,802.39	2,396.53	89%	2,396.53	51%
EDA Big Books Purchased By Group	690.00	1,130.00	11%	1,130.00	24%
Royalty from EDA Big Books	0.00	1,193.82		1,193.82	25%
Total Income	\$ 6,492.39	\$ 4,720.35		\$ 4,720.35	
Gross Profit	\$ 6,492.39	\$ 4,720.35		\$ 4,720.35	
Expenses					
Conference Call Software for Meeting Support	0.00	149.90		149.90	
EDA Big Book Cost	685.21	1,971.57		1,971.57	
Office Supplies & Software	130.32	43.44		43.44	
Online Meeting Hosting Expense	50.70	50.70		50.70	
PayPal Fees	208.77	80.89		80.89	
Post Office Box Cost	181.20	118.00		118.00	
Website Hosting and Security	91.09	303.57		303.57	
Total Expenses	\$ 1,347.29	\$ 2,718.07	21%	\$ 2,718.07	58%
Net Income	\$ 5,145.10	\$ 2,002.28		\$ 2,002.28	

GSB Financial Reserves: The GSB tries to keep a reserve for 2 years to support the board.

Treasurer Position Vacancy: Email info@eatingdisordersanonymous.org if interested in serving as treasurer. You must have bookkeeping experience. Currently, the roles descriptions on the EDA website say that the treasurer needs to be a CPA, but this is inaccurate. We need to revise the Roles document. If you would like to serve as treasurer, references would be very helpful.

Chair Announcements

We have open treasurer and vice chair positions. The vice chair role description on the website is accurate; the treasurer role needs to be updated because a bookkeeper can now serve, not just a CPA. Email info@eatingdisordersanonymous.org to serve.

Sponsorship panels happened last weekend and were great. We apologize to anyone who was trying to attend the men's meeting in the same room. Due to a scheduling error the sponsorship panel disrupted the men's meeting. Apologies and amends.

A webmaster team member is looking at how to make the Zoom meetings page more like the face-to-face meeting page on the website. Consider whether your meeting wants to be open to observers or not, and email wm@eatingdisordersanonymous.org with any updated information about your meeting. We are trying to add information about meetings on the Zoom meetings page to help inform people more completely about what happens at the meeting.

Feel free to email wm@eatingdisordersanonymous.org if your meeting format is changing (online or in person).

We are starting an ad hoc project to update the meeting guides. Member mentioned that the information on starting a meeting is good for face-to-face meetings, but we need more for Zoom meetings. If you are interested in working on this ad hoc project to update the meeting guides, please email chair@eatingdisordersanonymous.org.

Vice Chair Report

No vice chair announcements. We need a vice chair. Please email info@eatingdisordersanonymous.org if interested in this or any service position.

Webmaster Report

We moved the chat meetings from Chatzy to Discord the first week of February 2021. The team handled everything and did a really great job with no disruption to the users that I am aware of. Chatzy became an essentially "unsupported" platform, causing concern about having a major EDA community without technical support. Once the decision was made to explore Discord, volunteers started testing the features important to their community and, after working through all the issues to their satisfaction, made a successful migration the first week of February.

The literature chair managed the DNS changeover and did an amazing job of working with a difficult vendor that seemed to have no real motivation to be helpful. (This vendor, at one time, was one of the preeminent DNS hosting companies in the world.) The changeover was completed on April 4th, 2021, but the literature chair had to start working on it several weeks beforehand. The new vendor is significantly less expensive and much easier to work with going forward. The DNS hosting company was separate from our website hosting company, which is generally a simple situation, but in this instance, moving DNS hosting took longer than was reasonable to expect. There was little to no user downtime experienced during this move.

We are grateful for the webmaster team and all those helping them.

Committee Chair Reports

Email Response Coordination

Chair and email response are working together to create a list of the main questions people ask with they write to EDA. If you want to see the list or help with this effort, email info@eatingdisordersanonymous.org.

Professional Contact Coordination

No updates. Our professional contact coordinator works hard for us and helps us make professional connections.

Actions Committee Report

Elected members of the board meet in between GSB meetings as needed and then submit a report to the GSB. Any item may be added to the board agenda as new business, where it will be treated like any other motion. It will require a second and then be followed by discussion and a vote.

The Actions Committee met this past quarter for a sharing session and to cover a few items of business. The following recap covers everything not covered by other open items which will be presented by Literature during new business.

1. Clarified the text on the Meetings and Zoom/Phone Meetings tabs about meeting status as available for observing attendees. Language updated to: *EDA meetings are open to anyone looking for information and support for their own recovery process. Most meetings are also open to observers such as family, friends, students, and professionals. Meetings open only to EDA members are marked with **.*
2. Clarified the text on the website regarding contributions so the language is in line with the intent of what was approved at the July 2020 Board meeting. Approved and updated.
 - a. Old Text: "7th Tradition for EDA Step Study Workshop"
 - b. New Text: "7th Tradition donation to general fund for EDA Step Workshop planning committees. If you are interested in learning how you or your group can host a Step Workshop, please email membership@eatingdisordersanonymous.org."

The following two items were discussed by the Actions Committee and will be discussed in the GSB meeting today, under New Business:

1. Literature committee proposes a process for translating the EDA big book into German after receiving an offer from a member to do the initial translation. See discussion under New Business.
2. Literature committee proposes that we post curated stories from the EDA Speaker Feed podcast, which is currently entirely separate from EDA, on the EDA website. See discussion under New Business.

Membership and Group Supportive Services Committee

No membership update for this meeting.

New Business

Elections

We reelected Michelle P as chair. There were no other nominees for chair or any other position. No one opposed.

Swearing In

All board representatives and officers said the swearing in statement, as we do before motions each meeting.

Motions

Translations

This motion is really two motions: one for a general process for doing translations and one to approve moving forward with the German translation.

Background: A member offered to translate the EDA big book into German. Here is the proposed process for translation:

1. Member does initial translation.
2. A different bilingual volunteer member to reviews the text and puts edits in.
3. Literature team posts draft on the website for review. Suggestions are incorporated by the literature team into the posted, prepublication version.
4. GSB hires a professional editor to check everything over before sending to a publisher.
5. To create published book, we would work with Turner Publishing to get it to press.

Proposed translation process **PASSED**.

Member does not want the passing of this process to prevent people who are not members of EDA from translating. They want us to be able to adjust this process as needed to create content that our members need and want. This is important. Literature chair agrees that we are not ruling anything out and are open to using a different process if the circumstances are different.

Motion to approve the creation of a German translation of the big book. **PASSED**

Member asked about translating in other languages. The GSB is very open to this. If you know of volunteers who want to help translate the big book, please have them contact literature@eatingdisordersanonymous.org, and we will support them.

Note that the Kindle edition of the EDA big book is now going to have the print-version EDA big book page numbers on it thanks to Turner Publishing. We do not currently have a large-print version of the print big book, but the Kindle version has an option to change the font size, which could be an option for people who need a large-print edition. No one has investigated the cost for a large-print version.

Note that we have an offer for a Chinese translation of the EDA big book from a publishing company. This offer will be handled a bit differently than the German offer, because it is coming from a publishing company and not an EDA member volunteer. Turner Publishing and the Chinese publishing company will be discussing because no other publisher can publish the big

book without EDA's permission. We will want a Chinese member to review the translation before publishing, but the process of actually executing the translation is a little different.

Member brought up the issue of the cost of hiring an editor. It is possible that Turner Publishing will absorb the cost of the editing process, but the GSB still needs to consider costs if they are proposed. We would vote on using funds for this kind of work if and when the costs are presented. All these decisions will always come to the GSB as we need to tweak the translation process or make changes.

Member asked about the status of a Spanish big book. Multiple people have expressed interest, but no one has actually produced the Spanish translation. If someone wants to do the translation or form a committee to drive this effort forward, please step forward and take action. You can email literature@eatingdisordersanonymous.org for guidance. Member asked if GSB could step in and find a translator who we might even pay. In the past, we have decided not to do this because the cost might be prohibitive. Previous discussions on Spanish and braille have decided that the cost is prohibitive and that we need volunteers to support these efforts. Chair mentioned that in other programs, translators who were not members did not accurately capture the sentiment or concepts of EDA in the EDA spirit. Member translations tend to do a more accurate job of portraying the values and spirit of the organization. Member suggested fundraisers or other ways to support translations that cannot be performed by members. These are good ideas. Again, translation efforts are time-consuming and potentially costly, so we need passionate members to drive these efforts.

Member asked if there is an accessibility committee. Currently, issues of accessibility are handled by the literature committee. If you are passionate about bringing things like braille or large-print texts to our membership, please get involved in service. Chair requests that those who want more accessible versions of the big book but cannot do the work themselves to do a little investigation into the costs of getting one made and report back to the GSB, email chair@eatingdisordersanonymous.org, or email literature@eatingdisordersanonymous.org.

Audio Recovery Stories/Podcast Plan

Background for this motion as presented: There is a podcast series called "EDA Speaker Feed" that a helpful member of EDA put together and loaded to around ten different podcast platforms (Apple, Google, Spotify, etc.). We have never listed or hosted these episodes on the EDA website because the speakers' shares are not edited. Sometimes EDA speakers say things that don't completely align with EDA's principles and suggestions. Some speakers discuss fear of their eating disorder in rigid terms that are straight out of other 12-step programs and are not reflective of EDA as a whole. Some speakers carry on a bit about the advantages and disadvantages of other 12-step programs. Others mention numbers. The content as a whole is not okay to put "as is" on the GSB site.

But now, three member volunteers would like to make some of the podcast episodes available directly on the EDA website and possibly add more recordings of speakers. They feel that including these recordings directly on the EDA website would make them more visible and accessible to the membership or to prospective members. These volunteers are bringing 4 proposals to the GSB:

1. Ask EDA members to record and send in 1-minute examples of their milestones and why milestones matter to them. The team would send the best of these together, in an edited format, to the literature team to review for posting on the EDA Milestones webpage.
2. Curate the 26 recordings already available on the EDA Speaker Feed podcast, submitting

those that seem "ready to post" to the literature team for review. The literature team could listen to these audios and vote thumbs up or down on recommending them for posting to the Audios webpage. Audios that get a thumbs up would be submitted to the GSB in a batch for a vote.

3. If the actions team accepts proposal 2, the volunteers would like to ask the literature team chair or GSB Chair to invite all GSRs to offer their meetings the opportunity to submit speaker shares for possible inclusion on the Audios tab of the EDA website. We want diverse voices sharing their experience, strength, and hope about how to work the EDA program. The volunteers are offering to screen submissions before sending to the literature team.
4. Ask EDA members to sign up to have a recorded conversation about topics of special interest to EDA members, i.e., "What does balance mean in EDA?" "How do people deal with body image issues that persist after behaviors have stopped?" "What does it mean to be fully recovered, and how do you know when you get there?" "How can I find a sponsor in EDA?" "I thought that EDA doesn't have meal plans, but then I hear EDA members talk about sticking to their meal plan as a milestone. Please explain." As above, the team is willing to curate any submissions and send the best to the literature team to review. These could be included on the EDA website's FAQs page or Audios page.

Now, however, two of the volunteers dropped out. The person working on this is looking for additional volunteers to help with this project.

The discussion of this motion (really 4 motions) mostly centered around curating the EDA podcast episodes and posting them on the EDA website (motion 2). We did not really discuss propositions 1 and 4 at all.

Member agreed that EDA podcast episodes should not be published wholesale on the EDA website—does not want to be associated with the specifics that speakers get into. Another member agreed, but also expressed support for offering other formats outside of isolated podcast feeds where people could listen to speakers. A member questioned the need to edit a share and how that might impact that speaker or their overall message. Member said there could be a way to make speaker recordings fit within EDA traditions and that this could be a great way to spread the EDA message. This could be similar to the meditations publication where we approve scripts before speakers are recorded. It would take more work, but maybe there is a way.

Another member pointed out that each podcast episode should include a preamble that says this speaker's statements do not reflect EDA's opinions or positions as a whole, whether the episode is only on a separate feed or listed on our website.

One member mentioned that we have other recordings of speakers from workshops and other events on the website. Have those been vetted? What is the difference?

Member is concerned that podcasts could be monetized in the future. She says that having a separate podcast is potentially a bad idea.

Member said that the audios have been super helpful for her. She likes the workshop recordings especially. However, the curation of these podcast episodes is not as high a priority as other things on the literature committee's list. Member of literature committee said he envisions that the committee can decide priority and would be able to do this podcast project without delaying other projects.

Another member said she wants more diverse representation—lots of different experiences—but she is still not sure about EDA official endorsement.

Member doesn't like that edapodcast@gmail.com is associated with that podcast. It seems too close to the EDA organization, but that is a different issue.

Note that we are currently recording the stories from the EDA big book as part of the EDA big book audio project, but those stories were pre-curated and edited before print publication

We made sure to clarify that none of these proposals includes moving this or any podcast onto the EDA website. The EDA-affiliated list of speakers or our feed, if we chose to release on, would be its own thing, curated and on our site. The GSB attendees agreed with this sentiment.

There was not time for more discussion, so we decided to propose a possible vote. **The motion was: Do we want to put a *curated* list of recorded speakers on the EDA website?**

13 to 9 voted to vote right now on the issue of putting curated episodes on the website.

10 to 9 voted to put the curated episodes on the EDA site. Vote is split. We do not have unanimity. The chair moved to table this discussion. **TABLED**

A second motion: Do we want to send out an encouragement to groups to send in recorded speakers? **TABLED**

Large-Print Big Book

We have \$27,000 (and growing) in our account right now for organizational use. Do we want to use part of this money to publish a large-print issue? If you are interested in this, please investigate costs and report back to GSB or to literature@eatingdisordersanonymous.org.

Special Composition Meetings

The literature team, along with the chair, have crafted a statement about meetings that have special designations (e.g., men's meetings, women's meetings, LGBTQ+ meetings). The proposal is to create a brochure for this or simply incorporate this statement into tradition 4. We were out of time, so we voted to table this issue. **TABLED**

However, here is the text of that statement for your review so that we can discuss it at the next meeting:

Historically, as today, there are very few rules about EDA meetings: any two people with a desire to recover from an eating disorder may call their meeting an EDA meeting. Per Tradition 4, each group is autonomous except as affects other groups or EDA as a whole. This sounds very simple, yet questions regularly surface about what constitutes "affecting other groups." One such question is group composition.

Throughout its history, EDA has committed to removing barriers to inclusion. The General Service Board of EDA (GSB), however, has often been asked to list meetings that seemingly *created* such barriers. For example, in the early days of EDA, a group of anorexics wanted their own meetings, distinct from other EDA meetings. This seemed like a helpful idea -- wasn't it much better to have people with the same expression of an eating disorder meet together, where they could more easily identify with one another? "Double identification" can be a powerful tool in overcoming impediments to trust. The GSB appreciates that having peers with similar experiences in the same meetings can foster relationships of trust and reduce barriers to

recovery.

Formally recognizing distinctions based on the expression of an eating disorder, however, suggests that people with different forms of an eating disorder are fundamentally different, when the GSB's internal surveys strongly indicated that most EDA members shifted in expression of their eating disorders over time, and that the EDA program worked well for all forms of eating disorder. Further, although some are uncomfortable admitting it, many if not most people with one form of eating disorder have gone through periods where they experienced other forms of an eating disorder. We concluded that reinforcing the idea of fundamental differences (and even, in some cases, a fear of "contagion") based on forms of an eating disorder was unhelpful and unsupportive of durable, resilient recovery. The GSB concluded that to permit such distinctions at the meeting level was akin to AA meetings differentiating one from another based on a preference for whiskey over wine: it isn't helpful at all.

Meetings that recognize distinctions based on symptoms would have created divisions within our fellowship that ultimately would have caused more harm than good. The GSB does not list meetings that differentiate on the basis of eating disorder diagnosis. Although the specific expressions of an eating disorder can be quite distinct, the root causes are far more the same than they are different.

In EDA, we are unified by a shared solution to a shared problem. EDA groups are effective in carrying the message of recovery to individual EDA members because we are united in our commitment to our common purpose, consistent in our use of the EDA Twelve-Step program of recovery, and allied in adhering to our common Traditions. United we stand; divided we fall (Tradition 1).

Similarly, the GSB has determined not to support listing of meetings that differentiate based on our common solution. In EDA, reliance on something greater than ourselves to provide perspective so that we can achieve balance is an essential part of the solution to the problem of having an eating disorder. We think diversity in our positions on matters of faith (including the way of no faith) is one of the great strengths of our fellowship. Just as differentiating meetings on the specific manifestations of our problem creates disunity, so does differentiating meetings on the conceptions we have of God, Higher Power, or higher purpose. The GSB has declined to list atheists-only meetings as well as Christian-only meetings. While it is unquestionably helpful to have increased opportunity for double-identification, we cannot afford such opportunities if they come at the cost of undermining EDA unity (Tradition 1.)

In arriving at its decisions, the General Service Board considered whether recognizing any distinctions between meetings made sense. Apart from traditional format distinctions (i.e. "Step Meeting", "Topic Meeting", and "Speaker Meeting") aren't all distinguishing characteristics inherently disunifying? The GSB considered the following instances.

- Some people are more vulnerable than others by virtue of their status as a minor. Having a meeting for "teens only" (with some level of supervision by parents or a school counselor) seemed to make sense. The GSB has historically listed such meetings.
- A group decided it wanted to be listed as a Women's meeting. The GSB considered the implications. Would men be negatively affected by the presence of a Women's meeting? We consulted a few men in EDA; their answer was "no." The GSB then considered whether it would list a Men's meeting; would women be negatively affected? The answer from women in EDA was also "no," and there was significant appreciation for the distinct difficulties men with eating disorders face as a group.
- The GSB was approached about the idea of an LGBTQ meeting. Having a minority,

protected, status seemed an important quality that merited consideration. Would the meeting be differentiating from other EDA meetings on either the problem or the solution? The answer was "no." Would other groups be adversely affected by the presence of an LGBTQ group? Again, the answer was also "no." Was there inherent value in supporting people in a category that often faces social disapprobation find others like themselves with whom they can relate? The answer was "yes."

- The GSB was asked to list a People of Color group. The GSB considered whether it is racist to recognize such distinctions. Seemingly, *any* distinction based on skin color could be deemed racist. The GSB considered that racism is more than just seeing that skin colors are different; it is ascribing specific, stereotypic values to skin color that support conditions of inequity. People recognize race much as we do attributes such as gender and age. Is it sexist or ageist to recognize such distinctions? We don't think so. Discrimination that entails negative consequences on the basis of race, gender, and sexual orientation are all prohibited by law in many places. These are protected categories. Vulnerable people, including minors, and people requiring accommodation are also specifically protected under the law. This does not mean we deny the rights of such people to associate for their common support. So, if a group of veterans, or a group of "people of a certain age" ask to list a meeting specifically for people in that category, it is probable that the GSB would list the meeting. It *is* respectful to recognize that individuals who share demographics may benefit from double identification.
- Are there limits -- outside of not differentiating on the basis of the problem and the solution -- that the GSB recognizes in listing groups? Yes, there are.
 - Groups that are reported as "problematic" by EDA members because they do not follow EDA Traditions are asked to hold a regular group conscience to consider how best to carry the EDA message of recovery, and to consider implications for other groups and EDA as a whole. If a group declines to hold group conscience meetings, and reports of issues continue, the GSB will delist the meeting.
 - Pro-Ana and similar groups are not listed; EDA groups are recovery-focused.
 - Groups that combine abstinence-based Twelve Step recovery with EDA recovery are not listed; EDA groups need to maintain singleness of purpose lest newcomers become confused.
 - Groups that meet in treatment centers are listed when run by EDA members. Groups that are facilitated by treatment center personnel rather than run by EDA members are not listed.
 - Groups that violate community standards recognized by the GSB are not listed. Therefore, any group that embraces an ideology that privileges one demographic over another, condones violence, or has an agenda that is not focused on EDA recovery is not listed.
 - Meetings that endorse a specific plan of eating or program of exercise are not listed.

Please do not be discouraged by all the aforementioned complexities. Perhaps you have a desire for a special composition meeting that you think would benefit others in EDA in a way that existing EDA groups cannot. If so, please rest assured; the GSB exists to help you and your group.

While it is in EDA's best interest to have as many EDA meetings as possible open to all who have a desire to recover, the GSB recognizes and respects that there is a place for special composition meetings and will do its best to support them.

Please write to info@eatingdisordersanonymous.org if you have any questions or requests.

What's on Your Mind?

Meeting ended over time. Please email chair@eatingdisordersanonymous.org if you have things on your mind that you want to share.

Closing

Next GSB meeting will be on July 11. (July 4 is the first Sunday, but we are skipping it because of the holiday.)

Please take the info discussed in this meeting to your group.

Meeting closed at 6:02 p.m. EST.

Motions Summary

- Proposed translation process **PASSED**:
 1. Member does initial translation.
 2. A different bilingual volunteer member to reviews the text and puts edits in.
 3. Literature team posts draft on the website for review. Suggestions are incorporated by the literature team into the posted, prepublication version.
 4. GSB hires a professional editor to check everything over before sending to a publisher.
 5. To create published book, we would work with Turner Publishing to get it to press.
- Motion to approve the creation of a German translation of the big book. **PASSED**
- Add a curated list of recorded EDA speakers to the EDA website. **TABLED**
- Invite people in meetings to submit recorded speaker shares for curation and posting on the EDA website. **TABLED**
- Ask EDA members to record and send in 1-minute examples of their milestones and why milestones matter to them for review by the literature committee, to be posted on the EDA website. **TABLED (not discussed)**
- Ask EDA members to sign up to have a recorded conversation about topics of special interest to EDA members, which will be recorded and published on the EDA website by the literature team. **TABLED (not discussed)**
- Create special composition meetings brochure OR incorporate special composition meetings statement into the fourth tradition text. **TABLED**

Service Needs Summary

- Treasurer position is open. Email info@eatingdisordersanonymous.org if interested.
- Vice chair position is open. Email info@eatingdisordersanonymous.org if interested.
- We need help editing the submissions for the meditations book. If interested in copyediting, email literature@eatingdisordersanonymous.org.
- A lot of interest has been expressed in translating the EDA big book into Spanish. Anyone interested in doing an initial translation or forming a committee to support the creation of this material (e.g., hiring a professional translator if we do not have volunteer resources) should contact literature@eatingdisordersanonymous.org.
- If you are interested in a large-print version of the big book, please investigate the cost of

creating this and notify literature@eatingdisordersanonymous.org. If you need help, please email that same address.

- Membership wants help attending meetings to obtain contact information. To assist and get a list of meetings for which we don't have contact information, email membership@eatingdisordersanonymous.org.
- The Membership and Group Services committee is looking for members. Please email chair@eatingdisordersanonymous.org to help.
- Please listen to the new EDA big book audio files on the EDA Big Book tab of the website and send any feedback (positive or constructive) to literature@eatingdisordersanonymous.org.

Additional Notes and Action Items

- Update the Roles document to correct the treasurer role. You do not need to be a CPA. You only need bookkeeping experience. (Upload to website once updated.)
- Review the statement about special composition meetings in the New Business section above so that we can discuss it at the next meeting.
- Continue discussing all tabled motions at the July GSB meeting.

Minutes prepared by the secretary on June 7, 2021.