EDA Step Workshop Week 4
Introductions

- Founders/sponsors in the room
- Sponsors on the phone
EDA Step Workshop Week 4
Preparation for Step Two

Chapter Four: “We Agnostics, Atheists and Believers”
- Pages 99-104: From atheists and agnostics
- Pages 105-108: From those with faith
- Pages 108-109: Wrapping it up

Chapter Five: “How It Works”
Pp 117-124 (Step 2)
Preparation for Step 2

Write:

◦ What do you truly believe and trust? (p. 211, ¶ 2)

◦ What ideas get in the way of your belief and trust? (p. 211, ¶ 2)

◦ What answers do you have to your “ideas that get in the way?” (p. 211, ¶ 2)

◦ What is your own concept of Balance? (p. 212, last ¶)

◦ How do you know you are in balance?

Complete worksheet page 4
Step 2

- **Reliance** on the ideas that WORK helps restore us to sanity

- **Panel/Q&A**
  - What is your own concept of Balance?
  - What do you truly believe and trust?
  - What ideas get in the way of your belief and trust?
  - *Reliance on the ideas that work* helps restore us to sanity

- Are you willing to believe recovery is possible?

- We’ll Take Step Two together!
Assignments for October 4, 2018

- Read Appendix B, pages 490-499, and Chapter 5 Step 3, pages 124 through 131.

- Complete Workshop Worksheet page 5 Preparation for Step 3
Thank you all for being here!