

Hello Everyone!

We held a General Service Board of EDA meeting on Wednesday, August 10<sup>th</sup>.

The General Service Board of Eating Disorders Anonymous is an organization set up to help EDA groups carry the message of recovery to those who still suffer. We meet every month on 2<sup>nd</sup> Wednesdays.

**Attendees:**

- Allison – Florida
- Jhena – Pittsfield, MA
- Ellen – Del Ray Beach, FL
- Lousie – Duncan, BC, Canada
- Stacey – Pensacola, FL
- Annette – Phoenix, AZ

**Notes:**

- **EDA Big Book updates:**
  - EDA Big Book chapters and appendices were sent out for review by the General Service Board. The response has been enthusiastic and positive!
  - Stories were sent to their authors for review.
  - All story authors who responded sent back their approvals or edits (with approvals to print upon correction).
  - Edits for the first seven chapters were due on August 9<sup>th</sup>.
  - Edits for the Appendices were due on August 24<sup>th</sup>.
  - We hope to receive proofs of the text very soon! When we receive them, we will send out a request for proofreading – which is about correcting errors in grammar and formatting, not content.
  - We are on track for a late October / early November release to Amazon and to brick-and-mortar retailers.
  - A blurb about the text is now up on Amazon and at Gürze Books: <http://www.gurzebooks.com/books/eda.html>. This is so exciting!!
- We need your help!!
  - ***Each EDA group will receive one free copy of our text, Eating Disorders Anonymous.*** We need your help compiling a list of shipping addresses. ***Please send shipping addresses to [literature@eatingdisordersanonymous.org](mailto:literature@eatingdisordersanonymous.org).***
  - ***We also plan to send one free copy of our text to each Eating Disorders treatment center.*** We need your help compiling a list of treatment center

names with directors' names and mailing addresses. Please send these to [literature@eatingdisordersanonymous.org](mailto:literature@eatingdisordersanonymous.org).

- **Discussion Points:**

- **Review of comments on the EDA Big Book**
  - We reviewed all of the comments received by the cutoff at the GSB meeting. Subsequently, additional comments were received.
  - As of this writing (August 26<sup>th</sup>), all of the edits received – including those that arrived after deadlines had passed – were reviewed, addressed and passed on to the publishers.
  - Edits that arrived after deadlines were reviewed by Annette and passed on to the publishers with comments. In a few cases (i.e. Appendix B), where suggested edits had already been made by the publishers, they were omitted from this document.
  - The edits added up to 37 pages of notes. Good job, EDA members!!
  - The GSB members approved the 1<sup>st</sup> seven chapters of the EDA text.
  
- **Online and Skype meetings: Did you know we have at least one online meeting a day?**
  - **New Beginnings Group: Living Recovery with the Program** [Click here to join at the time of the meeting](#)
    - Sunday – 8:00 PM EDT – Step/Tradition Study meeting
    - Monday – 12:00 PM EDT – Newcomer meeting (focused on steps 1,2,3)
    - Tuesday – 12:30 EDT – Step/Tradition Study meeting
    - Wednesday – 8:00 PM EDT – Newcomer meeting (focused on steps 1,2,3)
    - Thursday – 8:00 PM EDT – Topic meeting (1st Thursday milestone celebration meeting, 3rd Thursday speaker meeting)
    - Friday – 1:00 PM EDT – Big Book Study
    - Saturday – 10:00 AM EDT – Big Book Study
    - New Beginnings Moderator meeting (for moderators): 1st Tuesday of the month at 5:30 PM EDT
  
  - **\*new\* Living the Steps Group:** [Click here to join at the time of the meeting](#)
    - Monday – 7:00 PM EDT – Step Study meeting
  
  - **\*new\* Wednesday Beginners Meeting** (in the EDA Room of <https://recoverychat.com>)

- Wednesday – 8:00 PM PST (11:00 PM EDT) Please note: the EDA Room in recoverychat.com is created just before the meeting each week. You won't see it at other times.
- **There is an EDA Skype meeting!** We meet every Sunday at 6PM GMT (that's 2PM EDT, 1PM CDT, noon MDT, 11AM MST/PDT): [Click here to join at the time of the meeting.](#) You may need to download a "Skype for Business" app, then **join as a guest**. **You do not need a Skype for Business account to join!**

We adjourned the meeting at approximately 7:45 PM MST.  
Our next meeting will be Wednesday, September 14<sup>th</sup>, 2016.  
Please send these minutes to members of your group if your group maintains an email contact list!

Thank you to all who attended and to all who serve EDA!

Best regards,

Annette (aka Michelle)

*Note: This email address is checked only monthly. Please send comments and inquiries to [info@eatingdisordersanonymous.org](mailto:info@eatingdisordersanonymous.org).*