

Hello Everyone!

We held a General Service Board meeting on February 11, 2015. What follows are brief minutes of the meeting.

Attendees:

- Sherian – Southern CA
- Nuria – Del Ray Beach, FL
- Brenda – Cambridge, MD
- Annette – Phoenix, AZ
- Emily – Nashville, TN

Agenda

- We reviewed and approved minutes from the January 14, 2015 General Service Board meeting.
- Action items from last meeting:
 - Annette sent out the new OSFED brochure and updated the website
 - Hannah planned to update the Group Conscience Meeting Format but was not able to attend tonight's meeting
 - Hannah is working on a more gender neutral image that the group can discuss at a future GSB meeting
 - In the meantime, Annette created a three demo versions of the website using the existing site theme, using the approved logo from last summer, using a neutral image with colors like the approved logo from last summer.
 - Annette updated the production and test sites so they use GoogleDocs for the meetings page
- We discussed brochure updates. Sherian updated all the ones with DSM IV diagnoses so they use the DSM V criteria. In the process, Sherian create two brand new brochures: one for OSFED and one for Binge Eating Disorder. The OSFED brochure was reviewed in January and has been posted to the website and Starter Kit. The Binge Eating Disorder brochure will be sent out with these minutes. We will review it at the March meeting. What a huge effort, and greatly appreciated, Sherian! New and updated brochures include:
 - OSFED * New in January *
 - Bulimia
 - Anorexia
 - Emotional Eating
 - Binge Eating *New this month *
 - Could You Be?
 - EDA at a Glance
- We planned to discuss the Group Conscience Meeting format but skipped it as the revision was not available.
- We reviewed website updates and options. It is really getting critical to update the site to make it more mobile-friendly.
 - We are now using Google Docs for meeting page updates (now on the "live" site!) and demonstrated that it works by adding two meetings for Brenda in Cambridge, MD

- We reviewed three test web designs and voted unanimously to put one into production: <http://www.4eda.org/test/neutral>. If we decide we like a different theme better we can always swap things out. Hannah might have something a lot better! There are issues with the new site. For instance, the online meetings page contains the old-style background and the old red buttons clash with the new design. After review, however, all were agreed that the new site is better than the current site. **Action Item:** Annette to check with Hannah about putting the new site into production.

Additional website updates discussed:

- We agreed that it makes sense to add a separate tab for phone meetings
Action Item: Annette will add a separate tab for phone meetings
- We agreed to try a version of the website with a topline menu (replacing the sidebar menu) as a next step in becoming more mobile-friendly. **Action Item:** Annette to create a demo of a top-line menu version of the EDA site some point in the not-too-distant future.
- We agreed that we would try to replace the old, red (slow-to-load) buttons with newer ones, hopefully in the style of the new EDA button logo that is on the website upper left corner, however, this is not an easy change.
- After we change out the site to the simpler-to-maintain version at the above link, we agreed we should get estimates from anyone interested in taking us to the next level of mobile-friendliness. We have budget available that should cover the development effort.
- Big Book development plans
 - Dr's Opinion update: we have submitted a request for a letter to the Medical Director of a top Eating Disorder treatment facility in California.
 - It was suggested that we contact the doctor who wrote the Dr's Opinion for the ABA Big Book.
 - The point was made that we really need a doctor who clarifies that many of those suffering from an eating disorder are truly beyond human aid.
 - This sparked a discussion about demographic shifts in belief systems. We do not want the EDA Big Book to present unnecessary hurdles for medical practitioners and for those still suffering.
 - We also discussed the next section of the big book, A Founder's Story. EDA was founded by Giselle B. Giselle left the program after the third year, but is still working a program of recovery. **Action Item:** Annette will contact Giselle to ask if she is willing to write her story of recovery for the EDA Big Book.
 - In March we will discuss the next chapter, "There is a Solution." The hope is to review the ABA, AA and NA big books sections with the idea that we can and should improve on what we find. **Action Item:** Those interested in writing the EDA Big Book who do not yet have the Big Book of ABA, Anorexics and Bulimics Anonymous, should get a copy and should read through at least the first three chapters with an expectation that we will discuss these at the March meeting.
 - In the following months, we will discuss the one chapter per month: More About Eating Disorders, We Agnostics, How it Works, Into Action, Working with Others, To Significant Others, The Family Afterward, To Employers, and A Vision For You) one per month, starting in February.
- We adjourned the meeting at 8:07 PM MST.

- Our next meeting will be Wednesday, March 11th, 2015.

Please send these minutes to members of your group if your group maintains an email contact list!

Thank you to all who attended and to all who serve EDA!

Best regards,
Annette (aka Michelle)

Note: This email address is checked only monthly. Please send more urgent comments and inquiries to info@eatingdisordersanonymous.org.