

Hello Everyone!

We held a General Service Board meeting on December 10, 2014. What follows are brief minutes of the meeting.

Attendees:

- Sherian – Southern CA
- Annette – Phoenix, AZ
- Rachel – Phoenix, AZ
- Amanda – Cleveland, OH
- Trish – Del Ray Beach, FL

Notes:

- We reviewed minutes and action items from November 12th meeting.
 - Annette researched how to expand the scrolling region of logged in users with online meeting host Chatzy. There is no way to expand the scrolling region but the left menu can be used to display all the participants.
 - **Action Item:** Annette will send the full list of Chatzy commands to Sherian and the info@ and wm@ email addresses.
 - Annette had volunteered to post a link to the 7Zip download on the website near the EDA Meeting Starter Kit, and did so for all pages where it is referenced.
 - Annette listed "Intuitive Eating" - a book by Evelyn Tibole and Elyse Resch on the website as a book that individual EDA members had found helpful in their recovery.
 - Annette sent out the "Helpful Holiday Tips" letter with last month's minutes
 - The Group Conscience Meeting Format is still in development.
 - **Action Item:** Annette agreed to follow up with the volunteer who agreed to draft the format
- An incorrect version of the "Keeping It Simple" 12 Traditions had been posted to the website. The GSB approved version is now listed.
- We discussed the GSB Treasurer's Report:

| YTD Summary as of 12/07/2014 | Amount in \$ | Number of transactions | Notes |
|--|-------------------|---------------------------|---|
| Income | | | |
| 7th Tradition (P.O. Box) Groups | 1,290.19 | 18 | 12 distinct donor groups |
| 7th Tradition (P.O. Box) Individuals | 5.00 | 1 | 1 individual contributor |
| Publication orders | 0.00 | 3 | 2 groups, both sent upon email request for free |
| 7 th Tradition (PayPal) Groups | 1070.67 | 12 | 13 distinct donor groups |
| 7 th Tradition (PayPal) Individuals | 23.85 | 12 | 2 distinct individuals; 1 has recurring monthly |
| Total Income, 12/07/2014 YTD | \$2,384.71 | | |
| Expenses | | | |
| Publications Mailing Cost | 7.56 | 2 | Average \$3.78/mailer; 2 orders sent out |
| Xeroxing Meeting Starter Kits | | | |
| Skype | | | |

| Expenses, Continued | | | |
|--|-------------------|----|--|
| ED Referral (www.edreferral.com) | 75.00 | 1 | Annual fee for listing |
| Chatzy Chat Room Service (1 year) | 202.80 | 12 | Monthly cost is \$16.90 for unlimited users |
| Website Hosting | 0.00 | 0 | Monthly cost, paid as a lump in 2011 for three years, is \$11.66 |
| Total Expenses, 12/07/2014 YTD | \$285.36 | | |
| Bank Balance 12/07/2014 | \$3,973.01 | | |
| PayPal Balance 12/07/2014 | \$1,151.62 | | |

- Rachel suggested using at least some of the balance, holding out the prudent reserve, to update the current website. We agreed this is a great idea, and that the following are valid and current objectives.
 - Objective: Transition to the new logo (moving away from the slow-to-load graphics-intensive design we now have) to support faster page loading
 - Objective: Supporting mobile devices running Safari (not all mobile devices seem able to load the meetings page)
 - Objective: Replace the existing meetings page with something that does not require html editing.
- **Action Items:**
 - Annette to ask Hannah about whether this is something she would be interested in or if she knows anyone who would be interested in the work. We need resources who have the appropriate training, experience and references. That could be Hannah herself, but we don't want to overburden any one person with both the web maintenance and rebuild tasks.
 - Rachel, Sherian and Trish will ask people they know about finding credentialed and trusted resources who can build, test and deploy changes to a production website in an incremental approach: deciding on a small scope of changes, building and testing the changes, verifying with someone else, then deploying the changes, and starting the process over again for the next set of changes.
- We discussed progress on the EDA Big Book. We still have too few stories, but progress has been made. We agreed it is time to tackle the foreword and initial sections that precede the personal stories.
 - Regarding the Dr's Opinion: Sherian knows a member on the Board of the International Association of Eating Disorders Professionals (IAEDP) who might be willing to contribute a Dr's Opinion. **Action Item:** Sherian volunteered to contact the IAEDP Board member about writing a section similar to the Dr's Opinion.
 - We discussed whether it makes sense to include all the sections of the AA Big Book in the EDA Big Book, if some can be left out, and if others are needed. We will pick this topic up again at the next GSB Meeting.

- **New Business**
 - Brochure updates:
 - ED NOS is no longer a diagnosis in the DSM V
 - **Action Item:** Sherian and Rachel to review and edit the ED NOS brochure.
 - We will look at this in January
 - Emotional Eating brochure COULD be updated to Binge Eating. We will discuss at the next GSB meeting in January
- We adjourned the meeting at 8:07 PM MST.
- Our next meeting will be Wednesday, January 14th, 2015.

Please send these minutes to members of your group if your group maintains an email contact list!

Thank you to all who attended and to all who serve EDA!
Best regards,
Annette (aka Michelle)

Note: This email address is checked only monthly. Please send more urgent comments and inquiries to info@eatingdisordersanonymous.org.